

# Structured Trauma-Related Experiences & Symptoms Screenener

## Adult Self-Report Version (English)

**Administration Date:** June 6, 2018

**Name:** Test Subject

**Age:** 35

**Sex:** Female

**Race:** Black/African American

**Ethnicity:** Non-Hispanic/Latino

### Trauma-Related Experiences (endorsed items listed):

#### As an Adult (18 years or older)

- Been in a really bad accident [past-year]
- Had to stay in the hospital because you were really sick or badly injured [adulthood]
- Saw or heard people in neighborhood get badly hurt or killed [adulthood]
- Partner or spouse has beaten you up or hit, punched, shoved, or kicked you [past-year]
- Partner or spouse made you think he or she might badly hurt or kill you [past-year]
- Partner or spouse has made you think he or she might hurt or kill someone you love [past-year]
- Partner or spouse has forced you to have sex or engage in sexual behavior [past-year]

#### As a Parent

- Child had to stay in the hospital because he or she was really sick or badly injured [adulthood]

#### As a Child or Teenager (17 years or younger)

- Someone in family had to stay in the hospital because he or she was really sick or badly injured, 11 years old
- Lost a parent or sibling to death, 12 years old
- Knew so much about how someone you loved died that you could picture it in your head, 12 years old
- Saw or heard people in your neighborhood get badly hurt or killed, 8 years old
- Someone outside family forced you to have sex or engage in sexual behavior, 15 years old

### PTSD Qualifying Traumatic Experience:

Yes

### Trauma-Related Symptoms

**Intrusive Symptoms:** [Recurrent intrusive thoughts and memories, nightmares, intense emotional and physical distress in response to trauma reminders]

SEVERITY SCORE: 11/15

CRITERION B SYMPTOMS (Need 1 to meet criterion): 6/5

**Avoidance Symptoms:** [Purposeful or involuntary avoidance of people, places, activities, or situations that serve as reminders of the trauma]

SEVERITY SCORE: 4/6

CRITERION C SYMPTOMS (Need 1 to meet criterion): 2/2

**Negative Cognitions and Mood Symptoms:** [Negative thoughts and mood including intense emotions, reduced interest in activities, detachment from others, and distorted thoughts that "I am unworthy, others are always untrustworthy, and the world is always dangerous"]

SEVERITY SCORE: 12/21

CRITERION D SYMPTOMS (Need 2 to meet criterion): 6/7

**Arousal/Reactivity Symptoms:** [Irritability, aggression, hyperarousal, difficulty concentrating, problems with sleep]

SEVERITY SCORE: 11/18

CRITERION E SYMPTOMS (Need 2 to meet criterion): 5/6

**Dissociative Symptoms:** [Reduced awareness of self and surroundings, experiencing things as not real or like in a dream]

DISSOCIATION SYMPTOMS (Need 1 to meet criterion): 0/2

### Functional Impairment

- Harder to spend time with friends and family

### PTSD Diagnosis:

Full diagnosis likely, all symptom criteria met (out of Symptom Criteria B, C, D, and E)