

Dimensions of Violence Exposure – Rapid Screen (DVERS)

INSTRUCTIONS:

- Many people experience violence at some point in their lives.
- **Experiencing violence** can mean:
 - being emotionally, physically, or sexually hurt or threatened by someone you know or don't know
 - seeing, hearing, or witnessing someone being physically or sexually hurt or killed -or-
 - learning about someone you love or care about being physically or sexually hurt or killed
- The following YES or NO questions ask about any violence you have experienced in your life.

#	I HAVE EXPERIENCED VIOLENCE THAT...	IN MY LIFE	
1	Seriously hurt me or almost killed me	NO	YES
2	Lasted several months or years	NO	YES
3	Came in many different forms	NO	YES
4	Was sexual	NO	YES
5	Was caused by a parent or caregiver	NO	YES
6	Was caused by an intimate partner or someone I was dating	NO	YES
7	Was caused by many different people in my life	NO	YES
8	Happened when I was a very young child	NO	YES
9	Happened at many different times of my life	NO	YES
10	Caused the death or loss of someone I loved or cared about	NO	YES

Scoring and interpretation: A 'YES' on any 3 or more of the ten questions may indicate increased risk for trauma or violence-related symptoms or impairment or subsequent exposure to violence or trauma.